

Recyclable material list

October 1, 2026

Paper/Fibre



Material & examples		What to know
	Cardboard boxes Pizza boxes, direct mail boxes, moving boxes, shoe boxes.	✓ Flatten. No larger than 60 x 60 cm. ✓ Empty.
	Boxboard Cereal boxes, tissue boxes, egg cartons, rolls from toilet paper and paper towel.	✓ Flatten. ✓ Empty.
	Paper Any colour, including flour bags, prescription bags, paper produce bags. Notepads, white or coloured loose paper, file folders, other printed materials. Community newspapers, flyers, brochures and magazines. Greeting cards and envelopes, gift boxes.	✓ Place shredded paper in a tied clear plastic bag. ✓ Separate from plastic bags used to cover items, remove elastic bands. ✓ Remove rope handle from bags. ✓ Do not include soft or hard covered books/novels.

For details on what goes where, visit circularmaterials.ca/AB.

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Material & examples	What to know
	Paper laminate packaging Pet food bags, food service paper bags, and plates. ☒ Empty.
	Paper laminate containers Spiral cans, cookie dough containers, ice cream containers and hot and cold beverage cups. ☒ Empty. ☒ Remove lids.
	Cartons Molasses and sugar cartons, laundry and cleaning cartons, soup and sauce cartons. ☒ Empty. ☒ Lids and caps on.

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Plastic packaging and containers



Material & examples	What to know	
	Plastic containers Laundry detergent and household cleaner jugs, shampoo, body wash, salad dressing, condiment, dish soap, mouth wash bottles.	☒ Empty. ☒ Lids and caps on.
	Food trays, salad, yogurt, peanut butter, bakery and egg containers, plastic cups, plastic tubs and lids.	
	Toothpaste tubes, deodorant, hand cream tubes.	
	Small item packaging, hand sanitizer bottles, plant pots.	

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Plastic and foam packaging



Material & examples	What to know
	Flexible plastic packaging Bags used for dry cleaning, bread, newspapers and flyers. Overwrap (paper towel & toilet paper, beverage containers). Coffee bags or deli pouches, chip bags, bubble wrap, snack wrappers, cereal liner bags, plastic gift bags. ☒ Empty.
	Foam packaging Meat trays, takeout containers, cups, plates, bowls, foam packaging. ☒ Empty. ☒ Remove film wrap and absorbent pads from meat trays.

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Metal containers

Material & examples	What to know
	Metal Food cans, metal lids, candle, cookie, coffee and tea tins. ☒ Rinse and dry.
	Aluminum (foils and trays) Aluminum foil, pie plates, frozen food trays. ☒ Empty. ☒ Ball up aluminum foil.
	Aerosol containers Food spray, hairspray, air fresheners, shaving cream, deodorant. ☒ Empty. ☒ Lids and caps on.

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Glass

Material & examples		What to know
	Glass containers Clear and coloured glass. Food containers, jars and bottles. Cosmetic containers, spice bottles, oil and vinegar bottles.	☒ Empty. ☒ Lids and caps off.

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